

NOVEMBER 2019 - Menus



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|--|--|---|
| <h2>EEC Breakfast (NNC Sites)</h2> <p><i>MENUS ARE SUBJECT TO CHANGE</i></p> | | | | |
| | | | | 11-1 Turkey Ham & Cheese on Hawaiian Roll Fruit- S Got Milk |
| 11-4 Crunchy Cereal - V Fruit- S Got Milk | 11-5 Chicken Pancake Sandwich Fruit- S Got Milk | 11-6 French Toast Trio - V Fruit - S Got Milk | 11-7 Morning Beef Sausage Sandwich Fruit- S Got Milk | 11-8 Fiesta Bean & Cheese Burrito - V Fruit- S Got Milk |
| 11-11 VETERANS DAY HOLIDAY | 11-12 Crunchy Cereal - V Fruit - S Got Milk | 11-13 French Toast Trio - V Fruit - S Got Milk | 11-14 Turkey Ham & Cheese on Hawaiian Roll Fruit- S Got Milk | 11-15 Chicken Pancake Sandwich Fruit- S Got Milk |
| 11-18 Crunchy Cereal - V Fruit- S Got Milk | 11-19 French Toast Trio - V Fruit- S Got Milk | 11-20 Morning Beef Sausage Sandwich Fruit - S Got Milk | 11-21 Chicken Pancake Sandwich Fruit- S Got Milk | 11-22 Fiesta Bean & Cheese Burrito - V Fruit- S Got Milk |
| 11-25 French Toast Trio - V Fruit- S Got Milk | 11-26 Turkey Ham & Cheese on Hawaiian Roll Fruit Cup Got Milk | 11-27 Crunchy Cereal - V Fruit - S Got Milk | THANKSGIVING DAY HOLIDAY | |

All of the Grain/Bread items served are Whole Grain Rich.

Milk Options: White Low Fat 1%, White Fat Free, White Non-Fat Lactose Free

V: Vegetarian items

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